

Diabetes is the fifth deadliest disease in the United States and a growing epidemic worldwide. Now, researchers are finding evidence that chiropractic adjustments might be able to make a valuable contribution to an overall program of wellness care to help diabetes sufferers. It has been generally accepted that Type I diabetes occurs after a severe malfunction of the immune system which causes insulin-producing cells in the pancreas to be destroyed. However, current research suggests the immune system isn't the only culprit; the nervous system also plays a pivotal role.

Upper cervical care provides an extremely important function for diabetics, and the outcome is nothing less than amazing. Spinal nerve interference has been acknowledged in scientific literature to be a contributing factor of endocrine and metabolic disorders including diabetes. Chiropractic health care is founded on the principle that a good working nervous system is vital to the general well-being and function of the human body.

In a study published in *Chiropractic Research Journal* in 2000, researchers found that the reduction of upper-cervical subluxations by NUCCA adjustment resulted in a stabilization of plasma glucose levels during a three-hour fasting period.

Read more: <http://www.articlesbase.com/non-fiction-articles/type-ii-diabetes-and-chiropractic-care-77972.html#ixzz1cfAFjSAQ>

A study published in the *Journal of Vertebral Subluxation Research* (JVSR; <http://www.jvsr.com>), focused on the positive response to chiropractic when used as part of an integrative treatment in the care of a patient with adult onset diabetes. The disease was diagnosed by a medical doctor. Along with chiropractic care, the patient also received nutritional and exercise guidance.

After one month of being on the program, the patient's glucose blood and urine levels had normalized and remained stable. His medical doctor, who monitored his progress, said the patient would not need insulin if the condition remained stable.

Do you or your love ones suffer from Diabetes and not under NUCCA care? Attend one of our new patient consultation nights, every other Tuesday evening at 6pm to learn more.